



Bonshaw Cup

HMAS HARMAN : 29 Oct 2021

First 3 Places in each Category



Place	No.	Name	Time	Time Dif	Av Spd
Overall Run Male					
1	73	Ben Higgins (POCSS) (Navy)	18:47		16.80
2	25	Luke Marconi (LCDR) (Navy)	19:21	0:34	16.31
3	69	Phil Bywaters (LCDR) (Navy)	21:25	2:38	14.74
Overall Run Female					
1	1	Sarah Madden-Johnson (LS) (Navy)	18:43		16.86
2	81	Dee-Ann Jackson (MAJ) (Army)	19:56	1:13	15.83
3	3	Amanda Robbie (SGT) (Army)	20:25	1:42	15.46
Overall Walk Male					
1	261	Gregor Watson (LEUT) (Navy)	37:24		8.44
2	265	Mark Miller (CPO) (Navy)	37:43	0:19	8.37
3	262	Paul Koschel (LS) (Navy)	45:04	7:40	7.00
Overall Walk Female					
1	235	Shannon Locke (LCDR) (Navy)	39:03		8.08
2	236	Mhanda van Engelen (LCDR) (Navy)	42:27	3:24	7.43
3	285	Amber Smedley (PO) (Navy)	42:41	3:38	7.39