



# Bonshaw Cup

HMAS HARMAN

29 Oct 2021

123 Entrants

## Open Male U35 Run : 21 Entrants : 5.26 Kms

Place	No.	Name	Time	Time Dif	Av Spd
1	25	Luke Marconi (LCDR) (Navy)	19:21		16.31
2	34	Joshua Werfel (SBLT) (Navy)	21:34	2:13	14.63
3	27	Matthew Bruce (LEUT) (Navy)	22:47	3:26	13.85
4	30	Dylan Love (LS) (Navy)	23:19	3:58	13.54
5	24	Rowan Mick (ABCTL) (Navy)	23:31	4:10	13.42
6	36	Jared Morgan (SMN) (Navy)	23:31	4:10	13.42
7	38	Jake Ovington (CPL) (RAAF)	24:31	5:10	12.87
8	21	Mark Penders (CAPT) (Army)	24:36	5:15	12.83
9	29	Richard Howson (LS) (Navy)	25:34	6:13	12.34
10	41	Jared Hayward (LAC) (RAAF)	25:37	6:16	12.32
11	102	William Nockolds (LAC) (RAAF)	25:51	6:30	12.21
12	40	Stuart Pollack (FLTLT) (RAAF)	25:55	6:34	12.18
13	37	Bradley Evans (CPL) (RAAF)	27:56	8:35	11.30
14	28	Travis Burraston (LS) (Navy)	28:23	9:02	11.12
15	22	George Hewitt (AB) (Navy)	28:23	9:02	11.12
16	23	Beau Kinniburgh (AB) (Navy)	29:03	9:42	10.86
17	39	Lyndon Shapcott (FLGOFF) (RAAF)	29:13	9:52	10.80
18	35	Nathan Cameron (SMN) (Navy)	30:13	10:52	10.44
19	31	Jesse Olynsma (LS) (Navy)	32:11	12:50	9.81
20	26	Thomas Veit (LCDR) (Navy)	36:03	16:42	8.75
21	33	Keelan Ashford (MIDN) (Navy)	36:05	16:44	8.75



Bonshaw Cup  
29 Oct 2021





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HMAS HARMAN

29 Oct 2021

123 Entrants

## Open Female U35 Run : 11 Entrants : 5.26 Kms

Place	No.	Name	Time	Time Dif	Av Spd
1	1	Sarah Madden-Johnson (LS) (Navy)	18:43		16.86
2	3	Amanda Robbie (SGT) (Army)	20:25	1:42	15.46
3	4	Amy Summers (LS) (Navy)	26:07	7:24	12.08
4	6	Alice Fitzsimmons (PO) (Navy)	27:00	8:17	11.69
5	5	Sinead Prewett (LS) (Navy)	28:21	9:38	11.13
6	7	Ellie Pobar (FLGOFF) (RAAF)	29:13	10:30	10.80
7	2	Holly Kilmartin (AB) (Navy)	32:24	13:41	9.74
8	11	Sigourney Williamson (LT) (Army)	36:52	18:09	8.56
DNS	8	Sophie Noonan (LACW) (RAAF)	DNS		
DNS	9	Dakota Sollitt (LACW) (RAAF)	DNS		
DNS	10	Ruby Koutsoubos (CPL) (RAAF)	DNS		



Bonshaw Cup  
29 Oct 2021





# Bonshaw Cup

HMAS HARMAN

29 Oct 2021

123 Entrants

## Masters Male 35\_44 Run : 18 Entrants : 5.26 Kms

Place	No.	Name	Time	Time Dif	Av Spd
1	73	Ben Higgins (POCSS) (Navy)	18:47		16.80
2	69	Phil Bywaters (LCDR) (Navy)	21:25	2:38	14.74
3	63	Brendan Clarke (CPO) (Navy)	21:40	2:53	14.57
4	64	Sidney Raper (LCDR) (Navy)	22:26	3:39	14.07
5	71	Donald Parker (LEUT) (Navy)	23:40	4:53	13.34
6	72	Troy O'Sullivan (PO) (Navy)	24:17	5:30	13.00
7	74	Byron McIntyre (POCSS) (Navy)	24:18	5:31	12.99
8	70	Joel Marrison (LCDR) (Navy)	24:47	6:00	12.73
9	66	Stefan Foudoulis (Mr) (APS)	25:04	6:17	12.59
10	231	Don Rosser (Maj) (Army)	25:21	6:34	12.45
11	67	Cameron Gill (Mr) (APS)	26:50	8:03	11.76
12	101	Marshall Taylor (CPL) (RAAF)	30:28	11:41	10.36
13	68	Scott Hughes (CPO) (Navy)	39:14	20:27	8.04
DNS	61	David Bettell (CAPT) (Navy)	DNS		
DNS	62	Daniel Crocker (CMDR) (Navy)	DNS		
DNS	75	Elliot Stevens (LAC) (RAAF)	DNS		
DNS	76	Taylor Marshall (CPL) (RAAF)	DNS		
DNS	65	Kye Hogan (PO) (Navy)	DNS		



Bonshaw Cup  
29 Oct 2021





# Bonshaw Cup

HMAS HARMAN  
29 Oct 2021  
123 Entrants

## Masters Female 35\_44 Run : 9 Entrants : 5.26 Kms

Place	No.	Name	Time	Time Dif	Av Spd
1	51	Rachel Ralston (WO2) (Army)	26:51		11.75
2	57	Elise Fisher (PO) (Navy)	30:22	3:31	10.39
3	53	Danielle Radnidge (CMDR) (Navy)	31:10	4:19	10.13
4	58	Vanessa Osborne (PO) (Navy)	35:23	8:32	8.92
5	56	Loretta Binder (LEUT) (Navy)	36:03	9:12	8.75
6	54	Katey D'Costa (LCDR) (Navy)	41:14	14:23	7.65
7	52	Kathryn Jones (CMDR) (Navy)	41:15	14:24	7.65
DNS	55	Maddy Newman (LCDR) (Navy)	DNS		
DNS	59	Jennifer Parker (CMDR) (Navy)	DNS		



Bonshaw Cup  
29 Oct 2021





# Bonshaw Cup

HMAS HARMAN  
29 Oct 2021  
123 Entrants

## Veteran Male 45+ Run : 9 Entrants : 5.26 Kms

Place	No.	Name	Time	Time Dif	Av Spd
1	91	Tyrone Douglas (LCDR) (Navy)	22:14		14.19
2	96	Steven Mackenzie (PO) (Navy)	22:37	0:23	13.95
3	95	Leigh Dickie (PO) (Navy)	23:30	1:16	13.43
4	94	Matthew Modun (LEUT) (Navy)	25:31	3:17	12.37
5	97	Karl Borck (P_CST) (NSWPOL)	27:17	5:03	11.57
6	93	Peter Sutton (PO) (Navy)	28:48	6:34	10.96
7	99	Miha Rozanc (LS) (Navy)	38:28	16:14	8.20
DNS	92	Paul Williams (LEUT) (Navy)	DNS		
DNS	98	Phillip Norton (LCDR) (Navy)	DNS		



Bonshaw Cup  
29 Oct 2021





# Bonshaw Cup

HMAS HARMAN  
29 Oct 2021  
123 Entrants

## Veteran Female 45+ Run : 6 Entrants : 5.26 Kms

Place	No.	Name	Time	Time Dif	Av Spd
1	81	Dee-Ann Jackson (MAJ) (Army)	19:56		15.83
2	84	Jennifer Schofield (MS) (APS)	27:40	7:44	11.41
3	85	Barbara McKay (CPL) (Army)	28:11	8:15	11.20
4	83	Jane Tsakissiris (LCDR) (Navy)	28:35	8:39	11.04
5	82	Kerry Dickie (CPO) (Navy)	31:11	11:15	10.12
6	86	Lisa Batchler (CAPT) (Navy)	33:54	13:58	9.31



Bonshaw Cup  
29 Oct 2021





# Bonshaw Cup

HMAS HARMAN

29 Oct 2021

123 Entrants

## Open Male U35 Walk : 10 Entrants : 5.26 Kms

Place	No.	Name	Time	Time Dif	Av Spd
1	222	Ryan Harper (AB) (Navy)	45:06		7.00
2	228	Kieren Redden (LAC) (RAAF)	49:15	4:09	6.41
3	282	Tim Crellin (LAC) (RAAF)	49:49	4:43	6.34
4	227	Deniz Habiboglu (LAC) (RAAF)	49:52	4:46	6.33
5	221	Kyle Beatty (AB) (Navy)	49:54	4:48	6.32
6	225	Martin Rokkonen (PO) (Navy)	49:57	4:51	6.32
7	281	Jared Ward (AB) (Navy)	49:57	4:51	6.32
8	224	Jamie Forman (LS) (Navy)	51:43	6:37	6.10
9	223	Matthew Silcock (AB) (Navy)	51:43	6:37	6.10
DNS	226	James Heggie (FLTLT) (RAAF)	DNS		



Bonshaw Cup  
29 Oct 2021





# Bonshaw Cup

HMAS HARMAN

29 Oct 2021

123 Entrants

## Open Female U35 Walk : 12 Entrants : 5.26 Kms

Place	No.	Name	Time	Time Dif	Av Spd
1	202	Amy Meesinchai (AB) (Navy)	46:17		6.82
2	208	Nicole Everingham (LS) (Navy)	48:43	2:26	6.48
3	212	Caylin Strydom (LACW) (RAAF)	49:33	3:16	6.37
4	209	Ella Rodgers (ACW) (RAAF)	49:33	3:16	6.37
5	207	Raina Foster (LEUT) (Navy)	51:38	5:21	6.11
6	211	Maddison Fielding (LACW) (RAAF)	51:43	5:26	6.10
DNF	203	Taylor Steel (AB) (Navy)	DNF		
DNF	205	Naomi Pandzo (ABCTL) (Navy)	DNF		
DNS	201	Maddison Caloon (AB) (Navy)	DNS		
DNS	204	Eliza-Jane Hurst (ABCTL) (Navy)	DNS		
DNS	206	Grace Agresta (LEUT) (Navy)	DNS		
DNS	210	Georgia Whitney (ACW) (RAAF)	DNS		



Bonshaw Cup  
29 Oct 2021







# Bonshaw Cup

HMAS HARMAN  
29 Oct 2021  
123 Entrants

## Masters Male 35\_44 Walk : 7 Entrants : 5.26 Kms

Place	No.	Name	Time	Time Dif	Av Spd
1	243	Damian Briggs (LEUT) (Navy)	46:10		6.84
2	242	Scott Douglass (AB) (Navy)	46:15	0:05	6.82
3	246	Jo Vuli (CPL) (RAAF)	49:14	3:04	6.41
4	247	Adrian Cutting (SGT) (RAAF)	49:38	3:28	6.36
5	245	Adun Feasey (AB) (Navy)	50:35	4:25	6.24
DNS	244	James Baily (PO) (Navy)	DNS		
DNS	241	Andrew Makara (SIG) (Army)	DNS		



Bonshaw Cup  
29 Oct 2021





# Bonshaw Cup

HMAS HARMAN

29 Oct 2021

123 Entrants

## Masters Female 35\_44 Walk : 9 Entrants : 5.26 Kms

Place	No.	Name	Time	Time Dif	Av Spd
1	235	Shannon Locke (LCDR) (Navy)	39:03		8.08
2	236	Mhanda van Engelen (LCDR) (Navy)	42:27	3:24	7.43
3	285	Amber Smedley (PO) (Navy)	42:41	3:38	7.39
4	234	Stacey Brotherton (CPO) (Navy)	46:10	7:07	6.84
5	233	Kylie Turnball (CMDR) (Navy)	46:50	7:47	6.74
6	238	Ellen Kerr (PO) (Navy)	48:54	9:51	6.45
DNS	237	Rebecca Bradford (LS) (Navy)	DNS		
DNS	239	Suzie Woolard (ACW) (RAAF)	DNS		
DNS	232	Liz Daly (CAPT) (Army)	DNS		



Bonshaw Cup  
29 Oct 2021





# Bonshaw Cup

HMAS HARMAN  
29 Oct 2021  
123 Entrants

## Veteran Male 45+ Walk : 8 Entrants : 5.26 Kms

Place	No.	Name	Time	Time Dif	Av Spd
1	261	Gregor Watson (LEUT) (Navy)	37:24		8.44
2	265	Mark Miller (CPO) (Navy)	37:43	0:19	8.37
3	262	Paul Koschel (LS) (Navy)	45:04	7:40	7.00
4	264	Nev Cook (CMDR) (Navy)	46:47	9:23	6.75
5	266	Simon Steyn (CPO) (Navy)	48:54	11:30	6.45
6	263	Glenn Shenton (AB) (Navy)	50:35	13:11	6.24
7	267	Nick Magafas (LS) (Navy)	53:40	16:16	5.88
8	268	Michael Hogan (WO) (Navy)	53:42	16:18	5.88



Bonshaw Cup  
29 Oct 2021





# Bonshaw Cup

HMAS HARMAN  
29 Oct 2021  
123 Entrants

## Veteran Female 45+ Walk : 3 Entrants : 5.26 Kms

Place	No.	Name	Time	Time Dif	Av Spd
1	251	Robyn Langford (SGT) (RAAF)	49:35		6.37
2	253	Wendy Davidson (Mrs) (APS)	51:34	1:59	6.12
DNS	252	Nasreen Ahmed (Ms) (APS)	DNS		



Bonshaw Cup  
29 Oct 2021

