



# NSW XCO Championships

Coondoo : 13 Nov 2022

176 Riders

## Elite Men : 6 Laps in Category : 5 Riders : 36 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6			Time	Time Dif	Av Spd
1	3	Jon Odams (SXCC)	13:22	14:42	15:02	15:09	15:20	15:23			<b>1:28:58</b>		24.28
2	4	Toby Stewart (Eurobodalla)	13:29	15:10	15:21	15:36	15:17	15:36			<b>1:30:29</b>	1:31	23.87
3	5	Tom Chester (Canberra)	13:28	15:34	15:56	15:59	16:09	15:29			<b>1:32:35</b>	3:37	23.33
4	1	Benjamin Allen (Illawarra)	13:40	15:43	16:04	16:04	15:43	15:22			<b>1:32:36</b>	3:38	23.33
5	972	Joel Findlay (ANU Cycling)	13:39	15:43	16:04	16:04	16:01	16:03			<b>1:33:34</b>	4:36	23.09





# NSW XCO Championships

Coondoo : 13 Nov 2022

176 Riders

## Elite Women : 5 Laps in Category : 1 Riders : 30 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6			Time	Time Dif	Av Spd
1	51	Katherine Hosking	15:11	17:20	17:39	18:03	17:31				1:25:44		21.00





# NSW XCO Championships

Coondoo : 13 Nov 2022

176 Riders

## Expert Men : 5 Laps in Category : 2 Riders : 30 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6			Time	Time Dif	Av Spd
1	973	Liam Dooley (SCUM)	15:11	17:48	17:37	17:59	18:18				<b>1:26:53</b>		20.72
2	41	Brooke Anderson (CORC)	15:10	17:53	18:02	19:07	19:00				<b>1:29:12</b>	2:19	20.18





# NSW XCO Championships

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176 Riders

## U23 Men : 5 Laps in Category : 3 Riders : 30 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6			Time	Time Dif	Av Spd
1	102	Josh Bilski (Canberra CC)	14:07	16:27	16:20	16:33	16:28				<b>1:19:55</b>		22.52
2	103	Beau Goddard (SCUM)	14:10	16:25	17:07	16:56	16:53				<b>1:21:31</b>	1:36	22.08
3	991	Kurtis Smtih (SCUM)	19:40	20:46	21:12	22:04	22:33				<b>1:46:15</b>	26:20	16.94





# NSW XCO Championships

Coondoo : 13 Nov 2022

176 Riders

## U23 Women : 4 Laps in Category : 2 Riders : 24 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6			Time	Time Dif	Av Spd
1	131	Lillee Pollock (Wollongong)	15:29	18:17	18:40	19:38					<b>1:12:04</b>		19.98
2	132	Tahlia Dole (Illawarra CC)	17:24	20:10	20:25	21:43					<b>1:19:42</b>	7:38	18.07





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176 Riders

## U19 Men : 4 Laps in Category : 10 Riders : 24 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6			Time	Time Dif	Av Spd
1	153	Cameron Winfield (Penrith)	13:39	15:43	16:04	16:04					1:01:30		23.41
2	155	Hugh Sessini (Illawarra CC)	14:03	16:22	16:14	16:19					1:02:58	1:28	22.87
3	156	Joshua Ludman (Nowra)	14:02	16:25	16:40	17:11					1:04:18	2:48	22.40
4	967	Oscar Hansen (Orange CC)	14:56	16:56	17:36	17:59					1:07:27	5:57	21.35
5	159	Wilkin Payens (WSMTB)	14:56	17:45	18:31	18:31					1:09:43	8:13	20.66
6	151	Adam Harper (Greenvalleys)	15:16	18:03	18:28	18:05					1:09:52	8:22	20.61
7	158	Ryan Keen (Greenvalleys)	15:14	18:19	19:25	20:10					1:13:08	11:38	19.69
8	154	Finn Lewis (SCUM)	17:51	21:33	21:02	20:53					1:21:19	19:49	17.71
9	152	Barrett Bannon (CORC)	19:59	21:13	22:59	23:18					1:27:29	25:59	16.46
DNF	157	Patrick Muldoon (Highlands)	19:36								DNF		





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## U19 Women : 3 Laps in Category : 4 Riders : 18 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6			Time	Time Dif	Av Spd
1	194	Poppy Pollock (Wollongong)	17:00	19:03	19:23						55:26		19.48
2	191	April Foster (Highlands)	17:43	20:06	20:05						57:54	2:28	18.65
3	193	Maya Taylor (Sutherland)	18:52	21:40	23:51						1:04:23	8:57	16.77
4	192	Connor Mielke	19:04	23:14	23:29						1:05:47	10:21	16.42





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## U17 Men : 4 Laps in Category : 14 Riders : 24 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6			Time	Time Dif	Av Spd
1	705	Eddie Willis (Tamworth CC)	13:54	15:43	16:00	16:02					1:01:39		23.36
2	712	Sam Northey (Alpine CC)	13:56	16:07	16:24	16:03					1:02:30	0:51	23.04
3	704	Eddie Mungoven (CORC)	14:13	16:16	16:15	16:02					1:02:46	1:07	22.94
4	709	Liam Roberts Thompson	14:16	16:13	16:15	16:44					1:03:28	1:49	22.69
5	710	Luca George (Manly)	14:14	16:15	16:39	16:57					1:04:05	2:26	22.47
6	707	Hugh Vaughan (Nowra)	14:17	17:09	16:58	16:47					1:05:11	3:32	22.09
7	702	Atticus Nowlan-Crisp	14:48	16:52	16:43	16:48					1:05:11	3:32	22.09
8	715	Lindon Milostic (Penrith)	15:34	17:40	17:24	17:45					1:08:23	6:44	21.06
9	713	Sean Williams (Peloton)	15:18	17:29	18:17	19:01					1:10:05	8:26	20.55
10	701	Abbott White (Armidale CC)	16:13	18:38	19:37	19:26					1:13:54	12:15	19.49
11	706	Harry Greenfield (SHCC)	15:53	18:36	19:54	20:43					1:15:06	13:27	19.17
12	708	Kane Albert (SCUM)	18:53	22:17	20:40	22:13					1:24:03	22:24	17.13
13	989	Josh Miller (SCUM)	17:57	21:58	22:33	23:51					1:26:19	24:40	16.68
DNF	714	Zac Peters (SCUM)	17:04	19:48	20:54						DNF		







# NSW XCO Championships

Coondoo : 13 Nov 2022

176 Riders

## U17 Women : 3 Laps in Category : 6 Riders : 18 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6			Time	Time Dif	Av Spd
1	731	Amelie Burrell (CORC)	16:34	18:28	18:08						53:10		20.31
2	732	Caitlyn Brazier (WSMTB)	16:57	18:19	18:04						53:20	0:10	20.25
3	733	Sonia Vetisch (Northern	16:36	19:00	19:34						55:10	2:00	19.58
4	965	Ivy Hanlon (HMBA)	17:31	20:21	20:04						57:56	4:46	18.64
5	966	Lilli Rae (HMBA)	17:54	20:30	20:37						59:01	5:51	18.30
6	964	Hannah Gianatti (Penrith	18:03	20:38	20:55						59:36	6:26	18.12





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## U15 Men : 3 Laps in Category : 18 Riders : 18 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6			Time	Time Dif	Av Spd
1	764	Oliver Grande (CORC)	14:29	17:13	16:41						48:23		22.32
2	759	Hunter Behnke (Wagga)	15:05	17:42	17:44						50:31	2:08	21.38
3	752	Angus Behnke (Wagga)	15:29	18:12	17:31						51:12	2:49	21.09
4	763	Oliver Ball (Greenvalleys)	16:03	18:15	17:14						51:32	3:09	20.96
5	765	Rab Drummond (Lidcombe)	15:47	18:22	17:26						51:35	3:12	20.94
6	760	Jim Mungoven (CORC)	16:20	18:41	19:44						54:45	6:22	19.73
7	762	Leif Ingwersen (Dulwich Hill)	16:28	19:42	20:00						56:10	7:47	19.23
8	756	Charlie Fay (Greenvalleys)	17:13	20:32	19:30						57:15	8:52	18.86
9	767	Charles Alcock (Illawarra)	17:47	20:13	19:33						57:33	9:10	18.77
10	768	Riley Milostic (Penrith CC)	17:35	20:24	20:51						58:50	10:27	18.36
11	751	Aaron Clay (SCUM)	17:45	20:44	20:22						58:51	10:28	18.35
12	761	Jock Barwick (Tamworth)	17:32	20:02	21:18						58:52	10:29	18.35
13	992	Blake Dent (SCUM)	17:45	20:44	21:36						1:00:05	11:42	17.98
14	769	Wentworth Don-Wakefield	17:45	20:42	21:54						1:00:21	11:58	17.90
15	766	Ryan Lewis (SCUM)	18:20	21:43	22:31						1:02:34	14:11	17.26
16	754	Bow Mills (SCUM)	18:58	22:15	22:48						1:04:01	15:38	16.87
17	758	Harrison Crowley	19:10	22:38	22:48						1:04:36	16:13	16.72
18	757	Darcy Greenhalgh (SCUM)	20:23	24:45	24:19						1:09:27	21:04	15.55





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## U15 Women : 2 Laps in Category : 4 Riders : 12 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6			Time	Time Dif	Av Spd
1	782	Jillian Raftery (SCUM)	18:16	21:33							39:49		18.08
2	784	Sienna Toh (WSMTB)	18:52	21:09							40:01	0:12	17.99
3	783	Rebecca Sams (Tamworth)	18:51	22:05							40:56	1:07	17.59
4	781	Alicia Harkness (Sutherland)	25:34	28:22							53:56	14:07	13.35





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## U13 Men : 1 Laps in Category : 14 Riders : 6 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6			Time	Time Dif	Av Spd
1	801	Ben Shaw (Tamworth CC)	17:22								17:22		20.73
2	807	Nate Stirling (Southern	18:32								18:32	1:10	19.42
3	803	Jett Stokes (RBCC)	18:33								18:33	1:11	19.41
4	806	Monty Lloyd Jones	19:39								19:39	2:17	18.32
5	812	Hugo Alcock (Illawarra CC)	19:58								19:58	2:36	18.03
6	809	Oscar Szkudlarek	20:48								20:48	3:26	17.31
7	805	Martin Grande (CORC)	20:51								20:51	3:29	17.27
8	961	Louis Hansen (Orange	22:53								22:53	5:31	15.73
9	810	Samuel Walker	23:02								23:02	5:40	15.63
10	804	Lachlan Irvine (SCUM)	23:04								23:04	5:42	15.61
11	962	Macsen Hibberd (SSCC)	23:38								23:38	6:16	15.23
12	811	Tom Hudson (Narooma	23:47								23:47	6:25	15.14
13	802	Fionnbarr Sweeney	23:57								23:57	6:35	15.03
DNF	808	Nicholas Lowrie (Carnegie									DNF		





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## U13 Women : 1 Laps in Category : 4 Riders : 6 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6			Time	Time Dif	Av Spd
1	963	Matilda Hanlon (HMBA)	18:31								18:31		19.44
2	831	Juno Smith (Sutherland	22:31								22:31	4:00	15.99
3	832	Keira Drummond	25:06								25:06	6:35	14.34
4	987	Freya Ingwersen (Dulwich	30:40								30:40	12:09	11.74





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## Masters 1 Men : 5 Laps in Category : 2 Riders : 30 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6			Time	Time Dif	Av Spd
1	301	Aaron Coghlan (SCUM)	15:48	17:41	18:35	19:03	19:42				<b>1:30:49</b>		19.82
2	951	Thomas Golding (Albury)	15:48	18:01	20:03	18:26	18:56				<b>1:31:14</b>	0:25	19.73





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## Masters 1 Women : 4 Laps in Category : 1 Riders : 24 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6			Time	Time Dif	Av Spd
1	331	Lizy Timm (WSMTB)	21:12	23:53	24:27	24:39					1:34:11		15.29





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## Masters 2 Men : 5 Laps in Category : 3 Riders : 30 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6			Time	Time Dif	Av Spd
1	352	Brian Price (WSMTB)	14:17	16:08	16:19	16:18	16:27				<b>1:19:29</b>		22.65
2	353	Matt Kolega (Greenvalleys)	15:57	18:33	18:34	20:08	21:02				<b>1:34:14</b>	14:45	19.10
DNF	351	Adrian Azzopardi (SCUM)	17:16	19:28	19:52						<b>DNF</b>		







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## Masters 2 Women : 4 Laps in Category : 1 Riders : 24 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6			Time	Time Dif	Av Spd
1	381	Erica Price (WSMTB)	20:22	24:26	23:26	24:13					1:32:27		15.58





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## Masters 3 Men : 5 Laps in Category : 11 Riders : 30 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6			Time	Time Dif	Av Spd
1	952	Fabian Diaz (WSMtB)	14:29	16:07	16:25	16:37	16:57				<b>1:20:35</b>		22.34
2	408	Nathan Crump (SCUM)	14:39	16:31	16:26	16:51	17:00				<b>1:21:27</b>	0:52	22.10
3	403	Jeffrey Hunt (Sutherland	15:08	17:00	17:01	17:08	16:50				<b>1:23:07</b>	2:32	21.66
4	953	David Hansen (Orange	15:08	17:10	17:24	17:31	18:03				<b>1:25:16</b>	4:41	21.11
5	410	Rob Cornish (Peloton	16:23	17:42	17:53	18:14	17:54				<b>1:28:06</b>	7:31	20.43
6	409	Rob Burrell (CORC)	15:48	17:43	18:09	18:31	18:11				<b>1:28:22</b>	7:47	20.37
7	407	Michael Crummy	15:47	17:42	18:14	18:29	18:34				<b>1:28:46</b>	8:11	20.28
8	976	Giuseppe Spinelli	15:31	17:26	18:24	18:54	18:32				<b>1:28:47</b>	8:12	20.27
9	404	Josh Pain (Illawarra CC)	16:23	18:09	18:33	18:52	19:07				<b>1:31:04</b>	10:29	19.77
10	406	Lincoln Smith (CC MTB)	16:48	18:18	18:30	18:41	19:00				<b>1:31:17</b>	10:42	19.72
11	405	Julio Rodriguez (Manly	16:04	18:48	19:01	20:12	20:44				<b>1:34:49</b>	14:14	18.98





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## Masters 3 Women : 4 Laps in Category : 2 Riders : 24 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6			Time	Time Dif	Av Spd
1	431	Alison Mungoven (CORC)	17:48	19:46	19:33	20:35					1:17:42		18.53
2	432	Elsie Gretton (Tamworth)	19:43	24:51							-2 Laps		





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## Masters 4 Men : 5 Laps in Category : 15 Riders : 30 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6			Time	Time Dif	Av Spd
1	453	David Winfield (Penrith CC)	14:28	16:08	16:22	16:34	16:42				1:20:14		22.43
2	461	Peter Milostic (Penrith CC)	14:41	16:29	16:27	16:29	16:13				1:20:19	0:05	22.41
3	462	Peter Wakefield (Penrith)	14:42	16:28	16:26	16:30	16:24				1:20:30	0:16	22.36
4	454	James Walker	14:39	16:30	16:30	16:42	17:09				1:21:30	1:16	22.09
5	955	Peter Hibberd (Sutherland)	15:48	16:54	16:51	16:52	18:02				1:24:27	4:13	21.31
6	460	Robert Dun (HMBA)	15:38	17:03	17:10	17:44	17:54				1:25:29	5:15	21.06
7	459	Peter Harkness (Sutherland)	15:49	17:10	17:15	17:43	18:38				1:26:35	6:21	20.79
8	956	Shane Wood (SCUM)	15:41	17:22	17:48	18:22	18:22				1:27:35	7:21	20.55
9	452	Daniel Lloyd Jones	16:26	18:07	18:02	17:56	17:45				1:28:16	8:02	20.39
10	456	Mark Astley (Nowra Velo)	15:16	17:17	18:06	18:43	19:09				1:28:31	8:17	20.34
11	977	Peter Graham (HORCC)	15:47	17:58	18:17	19:14	18:50				1:30:06	9:52	19.98
12	978	Matt O'Hearn (SCUM)	16:41	18:30	19:32	19:43	19:21				1:33:47	13:33	19.19
13	457	Matthew Brown (SHCC)	16:25	19:21	19:51	20:22	21:09				1:37:08	16:54	18.53
DNF	451	Andrew Mein (Greenvalleys)	16:22	18:27							DNF		
DNF	455	Kristoffer Grande (CORC)	15:49								DNF		





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## Masters 4 Women : 4 Laps in Category : 5 Riders : 24 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6			Time	Time Dif	Av Spd
1	484	Meaghan Stanton	16:22	18:16	18:25	19:38					<b>1:12:41</b>		19.81
2	481	Danielle Pollock	17:24	19:27	19:40	19:45					<b>1:16:16</b>	3:35	18.88
3	483	Laurie Willis (Tamworth)	17:50	19:57	20:06	20:09					<b>1:18:02</b>	5:21	18.45
4	482	Heidi Hunt (Sutherland CC)	17:48	19:58	20:09	20:12					<b>1:18:07</b>	5:26	18.43
5	979	Nancy Grull (Illawarra CC)	18:31	20:02	20:29	22:02					<b>1:21:04</b>	8:23	17.76





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## Masters 5 Men : 4 Laps in Category : 8 Riders : 24 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6			Time	Time Dif	Av Spd
1	502	Douglas Pollock	15:27	17:17	17:06	17:19					1:07:09		21.44
2	503	Geoff Wilson (Peloton	15:23	17:21	17:39	17:54					1:08:17	1:08	21.09
3	507	Murray Smith (SCUM)	16:27	17:35	17:35	17:16					1:08:53	1:44	20.90
4	510	Tony Patton (Nowra Vello)	16:21	18:07	18:18	18:56					1:11:42	4:33	20.08
5	505	Ivan Valenta (SSCC)	16:25	18:20	18:31	18:28					1:11:44	4:35	20.07
6	509	Rowan Drummond	16:19	18:07	19:04	19:46					1:13:16	6:07	19.65
7	504	George Foster (Highlands	16:50	19:25	19:33	19:15					1:15:03	7:54	19.19
8	508	Paul Bagnall (SSCC)	22:49	27:37	30:06						-1 Lap		





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## Masters 5 Women : 3 Laps in Category : 5 Riders : 18 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6			Time	Time Dif	Av Spd
1	535	Lynne Vaughan (Nowra)	16:25	18:17	18:35						<b>53:17</b>		20.27
2	534	Kellie Finlay (HMBA)	17:38	19:38	19:52						<b>57:08</b>	3:51	18.90
3	533	Kathryn Hopkins (SCUM)	17:58	20:27	20:37						<b>59:02</b>	5:45	18.29
4	532	Jody Mielke (Greenvalleys)	18:53	21:08	20:37						<b>1:00:38</b>	7:21	17.81
5	536	Niki Hale (CORC)	20:54	24:01	26:45						<b>1:11:40</b>	18:23	15.07





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## Masters 6 Men : 4 Laps in Category : 12 Riders : 24 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6			Time	Time Dif	Av Spd
1	982	Richard Vollebregt (SHCC)	15:13	16:49	16:56	17:19					1:06:17		21.72
2	558	David Tuckerman (SCUM)	15:52	17:33	17:50	18:14					1:09:29	3:12	20.72
3	958	Michael Butcher (SHCC)	15:56	17:39	18:12	18:24					1:10:11	3:54	20.52
4	980	Dave O'Connell (Northern	16:17	18:03	18:04	18:24					1:10:48	4:31	20.34
5	557	Peter Goddard (SCUM)	16:26	17:54	18:05	18:24					1:10:49	4:32	20.33
6	981	Duncan Miller (SCUM)	16:24	18:21	18:29	18:41					1:11:55	5:38	20.02
7	555	Nicholas Smee (SCUM)	16:48	18:31	18:37	18:31					1:12:27	6:10	19.88
8	553	Grant Turner (SCUM)	18:04	18:47	18:59	19:12					1:15:02	8:45	19.19
9	556	Val Gomez (SCUM)	17:54	19:58	20:10	20:59					1:19:01	12:44	18.22
10	552	David Lowrie (Blackburn	18:14	20:09	20:07	21:08					1:19:38	13:21	18.08
11	551	Craig Binks (WSMTB)	18:11	20:20	21:09	21:59					1:21:39	15:22	17.64
12	554	Neil Harper (Greenvalleys	18:28	20:47	21:27	22:26					1:23:08	16:51	17.32







# NSW XCO Championships

Coondoo : 13 Nov 2022

176 Riders

## Masters 6 Women : 3 Laps in Category : 1 Riders : 18 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6			Time	Time Dif	Av Spd
1	581	Liz Gray (WSMTB)	20:14	22:56	22:45						1:05:55		16.38





# NSW XCO Championships

Coondoo : 13 Nov 2022

176 Riders

## Masters 7 Men : 3 Laps in Category : 9 Riders : 18 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6			Time	Time Dif	Av Spd
1	602	Eric Dole (Bicisport Happy)	16:11	17:31	17:37						51:19		21.05
2	983	Ian King (HORCC)	16:40	18:36	18:29						53:45	2:26	20.09
3	604	John Groom (CORC)	16:45	18:30	18:41						53:56	2:37	20.02
4	603	Geoff Lockhart (SCUM)	16:42	18:54	18:45						54:21	3:02	19.87
5	605	Kyle Wilson (SCUM)	18:01	18:59	18:49						55:49	4:30	19.35
6	607	Mick Kejda (Illawarra CC)	16:50	19:39	19:38						56:07	4:48	19.25
7	606	Malcolm Kelleway	19:02	20:00	20:00						59:02	7:43	18.29
8	609	Trevor Bridge (SCUM)	18:21	20:35	20:57						59:53	8:34	18.04
DNF	608	Terence Wall (Illawarra CC)	19:53								DNF		





# NSW XCO Championships

Coondoo : 13 Nov 2022

176 Riders

## Masters 7 Women : 3 Laps in Category : 1 Riders : 18 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6			Time	Time Dif	Av Spd
1	631	Bev Anderson (CORC)	18:22	20:51	21:10						1:00:23		17.89





# NSW XCO Championships

Coondoo : 13 Nov 2022

176 Riders

## Masters 8 Men : 3 Laps in Category : 1 Riders : 18 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6			Time	Time Dif	Av Spd
1	984	Michael Lentas (SCUM)	19:41	22:39	23:32						1:05:52		16.40





# NSW XCO Championships

Coondoo : 13 Nov 2022

176 Riders

## Masters 8 Women : 3 Laps in Category : 1 Riders : 18 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6			Time	Time Dif	Av Spd
1	681	Fiona Hayes Whelan-Wick	20:19	22:56	22:42						1:05:57		16.38





# NSW XCO Championships

Coondoo : 13 Nov 2022

176 Riders

## Masters 9 Men : 3 Laps in Category : 1 Riders : 18 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6			Time	Time Dif	Av Spd
1	901	Michael Benson (WSMTB)	22:50	27:27	24:08						1:14:25		14.51





# NSW XCO Championships

Coondoo : 13 Nov 2022

176 Riders

## eBike Men : 4 Laps in Category : 7 Riders : 24 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6			Time	Time Dif	Av Spd
1	851	Jon Odams (Ebike) (SXCC)	13:07	14:39	14:43	14:46					<b>57:15</b>		25.15
2	853	Scott James (Illawarra CC)	13:49	15:27	15:39	15:25					<b>1:00:20</b>	3:05	23.87
3	950	Isaac Ellis (Greenvalleys)	13:49	15:26	15:39	15:27					<b>1:00:21</b>	3:06	23.86
4	969	Dennis Black (HORCC)	14:42	16:25	16:34	16:24					<b>1:04:05</b>	6:50	22.47
5	993	Matthew Brazier (SCUM)	15:25	16:51	17:13	16:39					<b>1:06:08</b>	8:53	21.77
6	970	Russ Phelan (SCUM)	15:27	17:23	16:53	16:26					<b>1:06:09</b>	8:54	21.77
7	852	Michael Benson (Ebike)	15:47	17:08	17:13	20:20					<b>1:10:28</b>	13:13	20.44





# NSW XCO Championships

Coondoo : 13 Nov 2022

176 Riders

## eBike Women : 3 Laps in Category : 3 Riders : 18 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6			Time	Time Dif	Av Spd
1	882	Melanie Gibson	15:42	17:02	16:58						49:42		21.73
2	881	Jody Mielke (eBike)	15:43	17:02	16:58						49:43	0:01	21.72
3	971	Sarah Toole (HORCC)	15:46	17:18	17:27						50:31	0:49	21.38

